

Wolf Pack WARRIOR

Vol. 17, No. 43

8th Fighter Wing, Kunsan Air Base, Republic of Korea

Nov. 29, 2002



In the company of AF heroes

SECAF presents DFCs to Wolf Pack F-16 pilots who saved lives, fought terrorism during Operation Anaconda.

See story and photos, page 4

NEWS BRIEFS

Holiday tree lighting ceremony

A ceremony kicking-off the holiday season begins at 4:30 p.m. Thursday near building 755.

NATO invites new members

North Atlantic Treaty Organization heads of state invited seven countries to join the alliance Nov. 21. The invitations to Latvia, Estonia and Lithuania mean that the Western Alliance would have members that were once part of the Union of Soviet Socialist Republics. The heads of state also invited Bulgaria and Romania, and Slovakia and Slovenia. The NATO started in 1949 with 12 countries. Hungary, Poland and the Czech Republic were the most recent invitees in 1999.

AF wins engineering awards

Two Air Force units and an individual received 2002 Department of Defense Value Engineering Achievement Awards Nov. 22. The Air Force recipients are the Electronic Systems Center's space and nuclear deterrence command and control office at Hanscom Air Force Base, Mass.; 746th Test Squadron at Holloman AFB, N.M.; and Bruce Lehr, lead engineer for the command, control, communications and intelligence and integration engineering section at Ogden Air Logistics Center, Hill AFB, Utah.



U.S. Army photo

Soldiers capture culinary award

The U.S. Army Culinary Arts Team, composed of Army chefs from around the world, took the overall silver medal in the five-day quadrennial Culinary World Cup Nov. 21 in Luxembourg. In a 25-hour marathon effort, the team prepared and finished seven different three-course meals, a chocolate centerpiece over 3 feet high, and four table pieces and menu frames all made out of sugar.

CFC deadline extended

The Combined Federal Campaign donation deadline is extended through Dec. 13. To make a donation, see your unit CFC representative.

Legal accepts applications

Applications for the Funded Legal Education Program, a paid legal studies program for active-duty Air Force officers, are being accepted from Jan. 1 to March 1. For more information and an application, contact Maj. Lynnette Pratzner at DSN 224-5941.



Photo by Staff Sgt. Chuck Walker

WELCOME TO KUNSAN: Col. Guy Dahlbeck, 8th Fighter Wing commander, greets Dr. James G. Roche, Secretary of the Air Force, as he arrives at Kunsan Wednesday. Roche and Gen. Gen. Bill Begert, Pacific Air Forces commander, spent two days visiting the Wolf Pack and shared a Thanksgiving meal with the troops. See story, pages 6 and 7.

Bush signs homeland security bill

Navy Secretary gets nod as deputy for cabinet- level security operation

By Jim Garamone
American Forces Press Service

WASHINGTON — When President Bush signed the Homeland Security Bill into law Monday, he established a new cabinet-level department to ensure the safety of the American people.

Before Bush signed the bill in a White House ceremony, he announced he will nominate former Pennsylvania Governor Tom Ridge to be the first secretary of Homeland Security. He also said he'll nominate Navy Secretary Gordon England to be deputy of the 170,000-worker agency.

The new department will analyze threats, guard borders, coordinate national responses and focus the "full resources of the American government on the safety of its people," Bush said.

The measure passed Congress with bipartisan support. It had been held up because of concerns about a provision that would allow the president to shift workers to areas where they were needed. Critics said the new rules would

erode federal civil-service protections. Administration officials said managers needed more flexibility to protect America.

Bush thanked union leaders present at the signing ceremony. "We look forward to working with you to make sure that your people are treated fairly in this new department," he said.

The bill is a response to the Sept. 11 attacks in New York and Washington. The idea was to place all federal agencies involved with homeland security under one umbrella. The few exceptions are the military, the Federal Bureau of Investigation and the Central Intelligence Agency.

Bush said the government is doing everything it can to enhance security at airports, power plants and border crossings. "We've deployed detection equipment to look for weapons of mass destruction," he said. "We've given law enforcement better tools to detect and disrupt terrorist cells which might be hiding in our own country."

He said the Homeland Security Act is the "next logical step" in defending America. The act amalgamates 22 agencies into one department. "To succeed in their mission, leaders of the new department must change the culture of many diverse agencies, directing all of them toward the principal objective of protect-



Courtesy Photo

George W. Bush

ing the American people," Bush said. "The effort will take time and focus and steady resolve."

He said adjustments in the department will be needed as this is the largest reorganization of the U.S. government since the 1947 act that established the Defense Department.

He said the new department would analyze information collected by U.S. intelligence agencies and match that against American vulnerabilities. The new agency will work with other agencies, the private sector, and state and local governments to harden America's defenses against terror, Bush stated.

PACAF chiefs discuss issues affecting U.S. troops in Korea

Editor's Note: The following is an excerpt from Master Sgt. Randy Kelzenberg's, 51st Fighter Wing Public Affairs, article on the Pacific Air Forces command chiefs' conference at Osan Air Base Nov. 2 to 9. Their plan is to work these issues over the next six months. Chief Master Sgt. David Popp, PACAF command chief, will also present recommendations to Gen. William Begert, PACAF commander, for action. The top five issues are:

Professional development

"Our command is currently doing very well with our PME schools, Airmen Leadership School and the NCO Academy," Popp said. "But as we know, with the high selection rates for promotion, our ALS system is stressed.."

The chiefs looked at a training plan to ensure schools effectively operate at capacity and within program budgets making sure the schools have the resources to sustain their mission.

Popp said his goal is to make sure no person misses a promotion date because of waiting for a PME school.

Assignment tour lengths

"We [the command chiefs] believe some of [the tour lengths in the Pacific] could be too long," Popp said.

"Of course these are issues that still need research and our recom-

"What I want to show the command chiefs is Korea is not your grandpa's Korea anymore. The mission has changed. Our quality of life has changed and all of these things have improved."

— David Popp, Pacific Air Forces command chief

mendations are still in draft. But, we are looking at all first-term airmen assignments across the command to ensure they meet the goals of the mission and the airmen they impact," he said.

Reorganization issues

"What we've found is some of our first sergeants have moved out of one unit and into units that have first sergeants; this could have left some units without a first sergeant," said Popp. "Another example, within our operations groups, we don't have the group superintendent position any more, and we're researching to see if there's a requirement today."

He also said there is a possibility that some training managers are not in the right positions within new organizations.

Montgomery G.I. Bill

As it stands right now, not everyone in the Air Force has access to the Montgomery G.I. Bill.

"This is due to their personal decision of not taking the G.I. Bill in basic train-

ing, or for some of the older folks, like myself, who came in during the VEAP [Veterans Educational Assistance Program] era and didn't elect that program," Popp said. "We're looking at possibly opening that door."

Korea assignments

Popp said they've found problems inside the assignment system notifications for Korean assignments. He said if an assignment is cancelled, the gaining unit isn't always informed and doesn't receive a replacement for some time. Units find out when they go to the passenger terminal to meet a new member and he never gets off the plane.

"We have some ideas to help our folks research this and get timely information," said Popp.

The chiefs plan to meet again next spring to reassess what they have been able to accomplish. Popp explained some of the challenges the chief's organization faces before their next conference.

"For the folks who are out there performing the

mission, your command chiefs stand ready to help you with the issues," said Popp. "They are very professional; they understand their roles. They are both a communicator for their bosses on the policies and the person who gives feedback up the chain of command to make sure we are focused on making it better for the enlisted force and their families."

This is the first time the conference has been held on the Korean peninsula, and the chiefs stationed here hope it will generate some positive feedback to the Air Force members who've never been stationed in Korea.

Popp, who was first stationed in Korea in 1984, said Korea has changed dramatically in the last 20 years, and it was important for the chiefs attending the conference to see Korea as it is today and help put down some misconceptions the main stream Air Force holds.

"What I want to show the command chiefs is Korea is not your grandpa's Korea any more," said Popp. "The mission has changed. Our training has changed. Our quality of life has changed and all of these things have improved."

Popp said there are no better spokesmen to go back and speak with the enlisted force than the chiefs, and he wants them all to talk to their units about the improvements.

ACTION LINE 782-5284



Col. Guy Dahlbeck
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
Medical Patient Advocate.....	782-4014
Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119

action.line@kunsan.af.mil



Tune in:

Wolf Pack Radio

88.5

5 to 10 a.m.
Weekdays

Request Line

782-4373

MONTHLY SORTIE GOALS

Unit	Goal	Flown
35th FS	280	289
80th FS	318	264
8th FW	598	553



WOLF CRANIUM CAP



The Wolf Cranium skull cap is authorized for wear in uniform. Like all skull caps, it must be pulled down on the wearer's head and only worn with a jacket.

Korea to become AEF 11

By 1st Lt. Heather Healy
8th Fighter Wing Public Affairs

"The Air and Space Expeditionary Force cycle is designed to provide a rhythm for the entire business of our Air Force, from assignment cycles to training cycles and leave cycles," said Gen. John Jumper, Air Force chief of staff.

The rhythm the CSAF refers to helps provide predictability to the members of the Air Force as operational commitments have increased over the past several years.

While the Air Force is adjusting well to the AEF mindset, those serving on one-year remote tours can feel a bit left out and the leadership at Pacific Air Forces, 7th Air Force, and the 8th Fighter Wing have all been working to fix that.

Specifically, the effort has focused on recognizing Air Force assets and personnel in Korea as the 11th AEF.

"We've been fighting to gain AEF recognition for assignments like Kunsan, but it's difficult because we

stay forward deployed and do not fit the typical AEF construct," said Col. Guy Dahlbeck, 8th FW commander.

Recognizing forces in Korea as the 11th AEF benefits our airmen by understanding their unique situation.

By recognizing the one-year remote tour as an AEF deployment, our airmen will have some much needed time — time to do the things that are required during the home part of the AEF cycle before they deploy as part of their new wing's AEF, and time to spend with their families.

Air Combat Command has recently made adjustments as well.

Current Air Force guidance provides personnel returning from a one-year remote tour 60-days of reconstitution time before they can be considered for AEF deployment.

The new policy increases the window of "post-remote tour deferment" from 60 days to six months within their command.

The change comes from concerns within ACC that the 60-day deferment is simply not enough time at home for

individuals returning from remote tours.

Though the specific details of AEF 11 are still evolving, PACAF is continuing to engage Air Force senior leaders to formalize the change throughout the Air Force, said Dahlbeck.

Until then, Wolf Pack squadron commanders will become personally involved in the follow-on assignments of the personnel within their command.

Commanders will attempt to determine if an airman's gaining unit has an AEF commitment within six months of that airman's arrival. If so, he or she will contact the gaining commander and highlight that they are gaining an airman who has just completed a remote tour.

"Wolf Pack airmen are encouraged to help their commanders in this effort," Dahlbeck said.

"Our goal is to ensure gaining units are aware that their new troops just got back from a remote tour and where possible, we need to give them time to do all the things they need to do."

"There's a tremendous emphasis Air

Aerospace Expeditionary Force
Lead Combat Wings

1. 388th Fighter Wing Hill AFB, Utah
2. 7th Bomb Wing Dyess AFB, Texas
3. 3rd Wing Elmendorf AFB, Ark.
4. 48th Fighter Wing RAF Lakenheath
5. 355th Wing Davis-Monthan AFB, Ariz.
6. 20th Fighter Wing Shaw AFB, S.C.
7. 27th Fighter Wing Cannon AFB, N.M.
8. 28th Bomb Wing Ellsworth AFB, S.D.
9. 2nd Bomb Wing Barksdale AFB, La.
10. 1st Fighter Wing Langley AFB, Va.

Force wide to recognize the sacrifices our people in Korea make," said Dahlbeck. "The 8th Fighter Wing will take action at the squadron commander level.

"There may be times when mission requirements will impact deployment scheduling at the gaining unit, but we want to be sure that if a commander has to make the decision to deploy someone with less than six months home from a remote that at least it is an informed decision."

Propulsion shop reaches milestone

Story and photo by
Staff Sgt. Jerome Baysmore
8th Fighter Wing Public Affairs

The 8th Maintenance Squadron propulsion flight overcame maintenance obstacles and surpassed an operational milestone here this month.

The "prop shop" personnel maintained the wing's operational engine levels as well as its eight war readiness engine spares level - a feat that hasn't been accomplished since Dec. 27.

"Training has been one of our biggest issues due to our sporadic workload, but we're working on that," said Master Sgt. Matthew Dana, 8th MXS prop shop assistant flight chief. "We've had a few engine changes that came in, and it helped get our training program rolling by doing things that we don't normally get to train on."

Dana explained the prop shop here used to ship broken engines to the "Queen Bee"

35th Maintenance Squadron's propulsion flight, at Misawa Air Base, Japan, which overhauls and tests it's own as well as Osan and Wolf Pack engines.

Pacific Air Forces officials selected Misawa as an intermediate-level repair depot to keep up a steady flow of aircraft engine support across the region. This year, PACAF engine manager, Chief Master Sgt. Robert Schofield at Hickam Air Base, Hawaii, gave the Wolf Pack the green light to perform more base-level repairs.

"The old regime used to ship just about every engine that needed to be repaired either to Misawa or Tinker [Air Force Base, Okla.]," said Tech Sgt. John Cannady, prop shop jet engine intermediate maintenance superintendent. "Now the mentality of Chief Schofield is for us to work almost everything we can here. It's really worked out for the best."

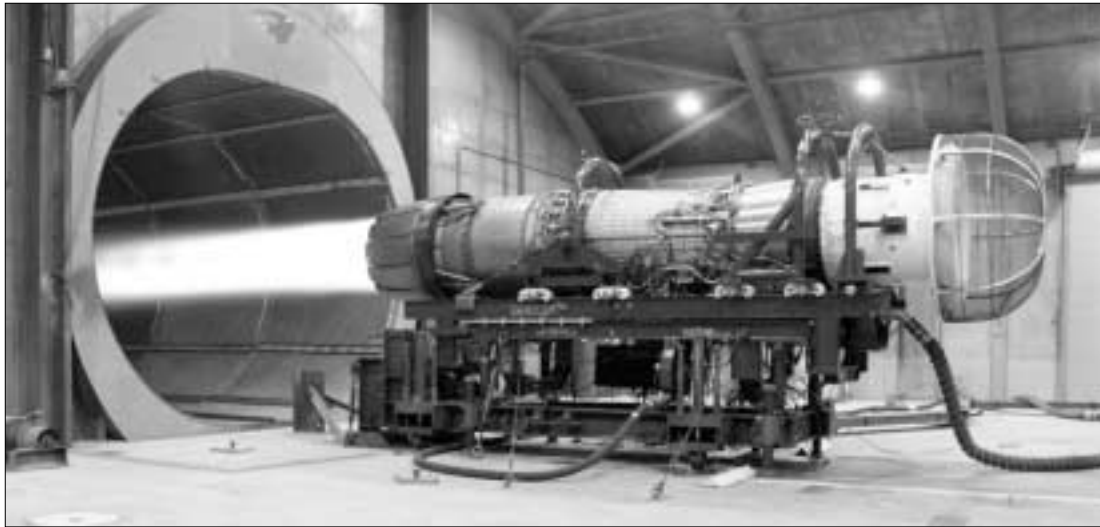
"Although at times the

wing teetered on the brink of having aircraft holes that would impact the wing's ability to take the fight north, 8th MXS jet mechanics were bound and determined to not let that happen," said Lt. Col. Jon Sutterfield. "They did whatever they could to repair engines locally and keep the Pantons and Juvats flying safely."

Cannady said with all the new tools and Dana's training program, engine turnarounds have decreased from up to 60 days to about two weeks with base-level repairs here.

"We're at an all-time high," Cannady added. "It's nice that people can see the end product. Before, we used to get an engine in and ship it. Now we're able to put it on the 'test cell,' repair it, and it's rewarding."

"The main thing Sgt. Dana brought here in August was his focus on training," he said. "Now that he's done that we've got more qualified people."



IN FULL AFTERBURN: An 8th Maintenance Squadron propulsion flight engine makes the grade.



Photo by Maj. James R. Wilson

RECORD SETTING FLIGHT: Col. Wayne Conroy, 419th Fighter Wing commander, presents Lt. Col. Mike Brill with the Air Force's first F-16 5,000 flying-hour patch. Brill, a reservist at Hill Air Force Base, Utah, has more hours in the F-16 than any other pilot in the world.

Pilot sets F-16 benchmark; establishes world record

By Maj. James R. Wilson
419th Fighter Wing Public Affairs

HILL AIR FORCE BASE, Utah — A piece of history was carved out last Friday during a 419th Fighter Wing F-16 Fighting Falcon combat training mission.

While four F-16s on a routine training mission is not necessarily historic, one of the pilots, Lt. Col. Michael Brill, earned his place in the record books during the sortie.

Brill became the first pilot in the world to log 5,000 flying hours in the F-16 aircraft.

"I've been fortunate," said Brill. "The fact that I've been able to stay in the cockpit this long really is a case of being in the right place at the right time."

Brill's 5,000 hours in the F-16 is the equivalent of traveling 1,750,000 miles — enough to circle the earth 70 times. The Virginia native surpassed

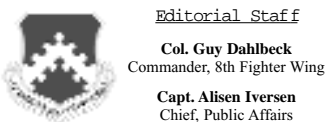
previous thousand-hour milestones in the F-16 in 1985, 1988, 1993 and he surpassed the 4,000 flying-hour mark in 1998.

"It's an extremely durable aircraft with a proven track record in combat operations," said Brill. "Its reliability is a real testament to the quality product Lockheed Martin has provided the Air Force. At the same time, our own maintainers take incredibly good care of the aircraft."

The planned mission for the milestone sortie included training in high-altitude delivery of laser-guided bombs. Such training has prepared him for numerous combat missions during his career.

"I would rather be flying the F-16 than any other aircraft in the world," said Brill. "I like flying a single seat, single-engine airplane."

"I like the mission that we've got," he said.



WOLF PACK
WARRIOR
Vol. 17, No. 43

Defend the base
Accept follow-on forces
Take the fight North

Editorial Staff
Col. Guy Dahlbeck
Commander, 8th Fighter Wing
Capt. Alsen Iversen
Chief, Public Affairs
1st Lt. Heather Healy
Deputy Chief, Public Affairs
Master Sgt. Mark Haviland
Superintendent, Public Affairs
Staff Sgt. Jerome Baysmore
Chief, Internal Information

This funded Air Force newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the **Wolf Pack Warrior** are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

Content
The editorial content is edited, prepared, and provided by the 8th Fighter Wing Public Affairs office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

Submissions
Deadline for submissions to the **Wolf Pack Warrior** is 4 p.m. Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the

right to edit all submissions to conform to Air Force journalism standards, local style, and available publication space. Submissions should be e-mailed to wolfpackwarrior@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

Contact Us
People with questions, comments, suggestions or submissions can contact the public affairs office at 8th FW/PA PSC 2 Box 2090 APO AF 96264-2090

We can also be reached by phone at 782-4705, by e-mail at wolfpackwarrior@kunsan.af.mil, or by fax at 782-7568.

Senior Airman Andrew Svoboda
Editor

For heroism and extraordinary achievement in aerial flight...

By 1st Lt. Heather Healy
8th Fighter Wing Public Affairs

Secretary of the Air Force Dr. James G. Roche presented the Distinguished Flying Cross to two pilots stationed here Wednesday for their heroism in support of Operation

Enduring Freedom.

The events of Jan. 20, 2002, during the build-up to Operation Anaconda, and the events of March 4, 2002, known as "Robert's Ridge," made international news and brought the history of the medal and the stories of these pilots' heroism during war home

to the Wolf Pack.

While speaking to the Wolf Pack, the secretary was deeply moved by the presentation of the awards.

"Operation Anaconda is one I think we will dissect for many years. It was very special to me, this award today, because John [Gen. John Jumper] and

I have had to give other awards to widows of Robert's Ridge. There are a lot of lessons to learn from that. Things we can do better in the future, but how our airmen behaved was spectacular," said Roche.

On Jan. 20, 2002 the Washington Post reports: "A Marine Corps helicopter carrying supplies to American troops in Afghanistan crashed Sunday in the mountains south of Kabul, killing two Marines on board and injuring five others, the second deadly air crash for U.S. forces in the region in a little over a week, officials said. The victims' bodies were recovered and surviving crew members were quickly evacuated by U.S. forces."



Photo by Capt. Aileen Iversen
Maj. James Sears

Maj. James Sears, 35th Fighter Squadron pilot, was the on-scene commander of the combat search and rescue effort of the crew and passengers of the CH-53 helicopter in Taliban and al-Qaeda territory that day.

"It's one of the most memorable times I've had in my 12 years in the Air Force, but you don't really think about that at the time," said Sears.

During Sears' three-month deployment in support of Operation Enduring Freedom, there had been little in the way of air threats.

According to Sears, most of the air support they provided was infrequent and directed at helping troops on the ground.

"This day just happened to spring up in the middle of a dull time," said Sears.

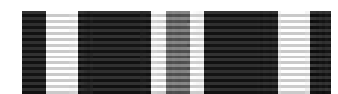
Sears located the crash site and directed and controlled a total of 13 aircraft including two unmanned aerial vehicles, five helicopters, one C-130, two F-18s and two F-15Es into a five nautical mile radius of the site.

"You get kind of caught up in the activities and events of what's going on around you," Sears said.

"Being a part of it, I never really looked outside of it to see how big or important this really was. I just felt like I was doing what needed to be done at that time."

According to Sears, he never thought about the attention or citation that might come from the day's events.

"It's just nice knowing those guys got home," Sears said.



Robert's Ridge

*I don't know if red poppies grow
On Khawar mountains high or low,
But on a distant peak lies
A modern Flanders Field.
One man battled from the ground,
While helicopters gathered round
Whose crewmates mission
was defined:*

*We don't leave our soldiers behind
On any foreign field.*

*Bullets flew and seven fell dead,
For all who gave let this be said;
From Flanders Field to
Robert's Ridge,
By peaks and valleys,
beach and bridge,*

*The blood of heroes has been shed
So we might live our lives instead
And humbly reap the gains
Of freedom's yield.*

— Charles E. Geck



On March 4, 2002, Time Magazine reports: "U.S. ground forces take the lead in the battle as the allied fighting force grows to 2,000. Seven U.S. soldiers are killed in a firefight after enemy rocket-propelled grenade fire downs an MH-47 Chinook helicopter and forces a second to land. Allied Afghan fighters encounter fierce resistance from the Taliban and al-Qaeda forces."

On the third day of Operation Anaconda, seven soldiers were dead and survivors were actively taking fire.

"We had indications prior to launching that we possibly had one [helicopter] down," said Capt Andy Lipina, 35th FS pilot, who participated in recovery efforts of the downed MH-47.

According to Lipina, Taliban forces were approximately 150 feet on one side of the helicopter and American forces approximately 150 feet on the other side.

"We're always [told] in the F-16 that the gun is for effect and nothing else, but this day it happened to be the most precise weapon we could get in there," Lipina said.

Lipina said that strafing, flying low and attacking ground targets using the 20 mm Gatling gun, is more to



Photo by Capt. Aileen Iversen
Capt. Andy Lipina

demoralize the enemy than to injure, but on March 4 "it was strafing to kill."

Lipina and his flight lead both expended their entire load of 20mm ammunition, 500 rounds apiece, and dropped three 500-pound laser-guided bombs.

Lipina flew for two and a half hours over the crash site and five hours over enemy territory, allowing two critically injured Navy Seals to be safely airlifted out of harms way, while providing close air support for troops on the ground and cover for rescue helicopters.

"All the stories I've heard at this point are second hand, but it's been made clear that those on the ground felt very threatened and our strafing runs were life-saving," Lipina said.

The Distinguished Flying Cross

The Distinguished Flying Cross was created July 2, 1926 by an Act of Congress. President Coolidge presented the first DFC to Captain Charles A. Lindbergh, Army Corps Reserve, for his solo flight of 3,600 miles across the Atlantic Ocean in 1927.

Other notable DFC recipients include Commander Richard E. Byrd, Amelia Earhart, Capt. Charles A. Lindbergh, and the Wright Brothers.

The DFC was originally given to those who made record-breaking long distance, endurance flights or set altitude records. It is now awarded to officers and warrant officers for an act or acts of valor, courage, or devotion to duty performed while flying in active operations against the enemy.

During wartime, members of the

armed forces of friendly foreign nations serving with the United States are eligible for the D.F.C. It is also given to those who display heroism while working as instructors or students at flying schools.

The Distinguished Flying Cross was designed by Elizabeth Will and Arthur E. DuBois.

It's official description is: a bronze cross pattee, with rays between the arms of the cross. On the obverse is a propeller of four blades, with one blade in each arm of the cross and in the re-entrant angles of the cross are rays which form a square. The cross is suspended by a rectangular-shaped bar and centered on this is a plain shield. The reverse is blank and suitable for engraving the recipients name and rank.

November/ December Promotions

Airman 1st Class

8th Medical Operations Squadron
Grace Marie Hemerlein
Patrice Lewis

8th Operations Support Squadron
Brendon McFarlin

8th Security Forces Squadron
Shaun Barrows
William Bastin
Michelle Carroll
Lloyd Jones
Jessica Leann Morrison
Derrick Perkins

8th Supply Squadron
Shawn David Burnett
James Shuttis

Senior Airman

8th Aircraft Maintenance Squadron

Bradly Blain
Jonathan Mcinnis
James Oggs Jr.
Kenneth Price
James Verigood

8th Civil Engineer Squadron
John Choi
Carl Cruz
Danielle Gasta
Wessley Gonzalez
Calvin Smith Jr.

8th Communications Squadron
Isabella Starr

8th Mission Support Squadron
Brian Benefield
Helen Gonzalez

8th Maintenance Squadron
Salvador Bravo
Christopher Craig
Paul Gillett
Etioriano Green
Ronnie McGee Jr.
Curtis McLean
Michael Postel

8th Operations Support Squadron
Latina Smith

8th Security Forces Squadron
Richard McCoy

8th Transportation Squadron
Brandon Drake

Staff Sergeant

8th Aircraft Maintenance Squadron
Kelly Byrum
Timothy Hiday
Jack Poland III

8th Communications Squadron
Teddy Batarao
Joshua Shasky

8th Medical Support Squadron
Kathryne Linder

8th Maintenance Group
Aaron Mason

8th Mission Support Squadron
Suzannah Haley

8th Maintenance Squadron

Roger Bell Jr.
Eric Folston
Harold Gunelson
Kurtis Havens

8th Operations Group
Nicholas Baker

8th Operations Support Squadron
Anthony Accoo
Lola Luzar

8th Security Forces Squadron
Ronald Johnson

80th Fighter Squadron
David Cruz
Michael McCarthy

Technical Sergeant

8th Aircraft Maintenance Squadron
Clayton Robertson

8th Civil Engineer Squadron
Christopher Garlitos
John Newlin II
Raul Rodriguez

8th Communications Squadron
Linda Butcher
Stephen Lister
Norman Nevins II

8th Medical Operations Squadron
Willie Burns III
James Shad

8th Security Forces Squadron
David Brayman
Chad Kash

8th Maintenance Squadron
Joseph Brogan
Charles Farnsley
Isaac Small Jr.
Michael Sturtevant
Joel Weatherhead

Master Sergeant

8th Operations Support Squadron
Vada Martinez

8th Security Forces Squadron
Stacy Knaub

8th Fighter Wing
Glenn Geinzer

8th Medical Support Squadron
Brian Terleski
Richard Watson

Senior Master Sergeant

8th Maintenance Squadron
John Cannady
Gordon Fenley
Gary Roby
Jeffrey Svarverud

8th Aircraft Maintenance Squadron
Kevin Mahoney

Chief Master Sergeant

8th Medical Operations Squadron
Marie Potts

8th Maintenance Squadron
Kevin Fallen

'I was in the right place at the right time'

Wolf Pack member recognized for heroic actions

By Staff Sgt.
Jerome Baysmore
8th Fighter Wing Public Affairs

A 1-43 Air Defense Artillery Foxtrot Battery radar system crew chief used his paramedic skills to save the life of a military dependent on the Wolf Pack Wheels one Saturday afternoon about two months ago.

Army Staff Sgt. Kevin Earl will receive a medal for his actions, and he says he still thanks God he was in the right place at the right time.

"It's nice, but it's not like, 'yeah I just saved a life,'" he said. "I just thank God for me being there. I felt he put me there for that reason."

Earl explained he was coming back from Osan and had pulled over at a rest stop when the woman sitting next to him said that she wasn't feeling well.

"She went into a full-blown seizure but the bad thing about it was, she was chewing gum before she went into the seizure," Earl said.

The lady choked on her gum, and stopped breathing,

he said.

"Normally when someone is choking on chewing gum you just do the Heimlich maneuver, but she was in a precarious situation," he said.

Earl explained the woman was buckled into the seat next to him as mild panic spread throughout the bus. Other passengers heard the commotion and saw she wasn't breathing.

"I did something unconventional by pushing on her lower ribs to force the gum out. I knew she would have sore ribs, but I'd rather her have sore ribs than not breathing," he said.

After expelling the gum, Earl helped her through the rest of her seizure. The lady went unconscious, and he laid her in the walkway of the bus. He barely had enough time to cover her with a jacket, monitored her vital signs before she went into another seizure about two minutes later.

"The second one was worse than the first," Earl said. "She went unconscious again and came around about 15 minutes later."

"When she came around, she just looked at me, and I told her to relax and everything would be all right."

Someone on the bus was on the cell-phone talking to emer-



Photo by Senior Airman Andrew Svoboda
Army Staff Sgt. Kevin Earl

gency personnel at Kunsan, he said, and an ambulance was waiting for them once the bus got inside the gate.

Earl said he never got a chance to talk to her afterwards, but her husband met him about a week-and-a-half afterwards to thank him for helping her.

"One day, if I need help, I hope that someone trained is around to help me."

"I checked on her at the hospital, and once the doctor said she was okay, I left because she was in better care," Earl said. "I really didn't think anything of it."



Courtesy Photo

DOUBLE SHOT:
Tech. Sgt. Kenneth Trimmins, Robbins Air Force Base, Ga., showcased his talents playing two trumpets simultaneously on "The Tonight Show with Jay Leno" Thursday. Trimmins is the superintendent of musical resources for the Band of the U.S. Air Force Reserve.



INTEGRITY ★ SERVICE BEFORE SELF ★ EXCELLENCE IN ALL WE DO

November Highlights

Senior Airman Brian Lambert -
8th Communications Squadron airman of the month

Airman 1st Class Timothy Corona -
8th Mission Support Squadron MPF Spotlight Award

Staff Sgt. Jenifer Mason -
8th Services Squadron NCO chef of the month

Senior Airman Serita Motte -
8th Services Squadron Airman chef of the month

Harlem Ambassadors vs. Kunsan Varsity

7 p.m. Dec. 17 @
the Fitness Center
Free Admission



OF THE PRIDE PACK

Job: 8th Medical Support Squadron NCOIC of Medical Information Systems

Duties: Supports all computer needs for the clinic's network and oversees composite healthcare system

Hometown: Philadelphia, Miss.

Follow-on: Davis-Monthan AFB, Ariz.

Hobbies: Working out, biking and computer games

Favorite music: Music to listen to when working out. Something hard like metal or rap.

Last good movie you saw: "Resident Evil"

Best thing you've done at Kunsan: Promotion ceremonies here - never saw anything like them.

"Tech. Sgt. Carter advice was key to the purchase of printer network cards increasing the Medical Group's ability to print patient appointment data and medical reports from various locations in the facility. His dedication is a testament to his ability to accomplish the mission."



Tech. Sgt. Billy Carter

1st Lt. Lee Nenortas
Supervisor

Thanksgiving — *Kunsan style...*

SECAF, PACAF commander celebrate holiday, visit with Wolf Pack

By Master Sgt. Mark Haviland
8th Fighter Wing Public Affairs

The Secretary of the Air Force and the Pacific Air Forces commander talked about the importance of the Korea mission, quality of life programs and the War on Terrorism during the secretary's first visit to the Wolf Pack here Wednesday and Thursday.

Dr. James G. Roche and Gen. Bill Begert also took the time to celebrate Thanksgiving with the troops by serving a traditional holiday meal at the O'Malley Inn dining facility.

The Air Force is family, said Roche. We thought it was the right thing to do, to be part of the Air Force family [on Thanksgiving] as compared to being part of our own families - that our own family sacrifice because the families of everyone who's here are making sacrifices.

But the secretary's visit wasn't just about the holidays. During the whirl-

wind tour of the Pacific, which also included stops in Hawaii and Japan, Roche took the time to make sure airmen got current information on the Air Force's hottest issues straight from the top. At Kunsan, that opportunity came at a troop call Wednesday and during visits to various units around the base.

I wanted to come to PACAF on Thanksgiving for a series of reasons, Roche told the assembled Wolf Pack, mainly to use the occasion of Thanksgiving to say thank you to you.

Despite the fact that world news is focused on the War on Terrorism and the situation in Iraq, part of that "thank you" is for the level of deterrence maintained on the Korean peninsula, explained Roche.

It's extraordinary, Roche said.

You're on a war footing, you're ready to fight tonight if you had to and you and your predecessors have been doing that for many, many years. You have served the cause of peace and freedom



"I wanted to come to PACAF on Thanksgiving for a series of reasons. Mainly to use the occasion of Thanksgiving to say 'thank you' to you."

in ways that we can't begin to thank you.

Part of the SECAF's trip also centered around sizing up the quality of facilities at the Korea bases. Traveling with Roche is Nelson Gibbs, the assistant secretary of the Air Force for installations and logistics, who is going to each base to look at the infrastructure and prioritize projects. Roche says he wants to make sure that Gibbs is well informed about each base and makes sure that the issues in the Pacific theater

are taken seriously.

We have to work to have good standards here, Roche said. I'm pleased to see how nice Kunsan really is and how much effort has gone into a good club, good base exchange and a number of other facilities. The wing commander is very much worried about the daily quality of life of our airmen. I think that's terrific. It [Kunsan] doesn't look very primitive to me, but should it always get better? Sure it should.

The secretary also addressed the issue

of Korea as AEF 11, a concept initiated by PACAF leadership.

General Begert has been the prime mover behind this and he's absolutely right, Roche explained. The notion behind this is that if you think of the Korean tour as the eleventh AEF, a virtual AEF, what it says is that we don't want an airman to come from here, go back to the states and 15 days later get thrown into an AEF bucket and go to the desert. We'd like to make sure that, on average, an airman isn't touched for six months after coming off a Korea assignment.

Before departing Kunsan, the secretary said he enjoyed his visit to the Wolf Pack.

This is a tough assignment in that everyone is unaccompanied and there's a background level of stress, he said. The esprit of the airmen who are here, taking care of business, relaxing when you can and taking care of each other I find that inspiring.

It's good to be here, he added.



Secretary of the Air Force Dr. James G. Roche carves up some ham at the O'Malley Inn dining facility Thursday. Roche and Gen. Bill Begert, Pacific Air Forces commander, helped serve the Thanksgiving meal to the Wolf Pack as part of their two-day visit to Kunsan.



Dr. James G. Roche greets members of the 8th Security Forces Squadron following a briefing-demonstration at 'Big Coyote' Wednesday.



Gen. Bill Begert shares a light moment with Capt. Karamo Hayward, 8th Operations Group, during a tour of the base Wednesday.



(Above) Secretary of the Air Force Dr. James G. Roche and Gen. Bill Begert, Pacific Air Forces commander, respond to questions during a Wolf Pack troop call Wednesday.

(Left) Gen. Bill Begert serves Thanksgiving turkey to a member of the Wolf Pack at Kunsan's O'Malley Inn dining facility Thursday.

7 DAYS Today

Walking tour The Kunsan Walking Tour, sponsored by the Family Support Center, departs the main gate at noon. Tour the downtown shopping area, hike Wolmyeong Park and visit a Buddhist temple. Special emphasis on learning to use local transportation. Registration required, call 782-5644.

Chili cook-off The Civil Engineer and Services squadrons host a chili cook-off at 5 p.m. at the CES hooch.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 a.m. and 4:30 p.m. The bus returns to base at 5 and 10:30 p.m. Tickets are \$10/\$9* one way and \$20/\$18* round trip. For more information, call 782-5213. **Special Consideration for Airmen's Morale (S.C.A.M.) program.*

Free food The Loring Club offers free chicken breast sandwiches from 6 to 9 p.m. in the ballroom.

Karaoke Display your talent or cheer on others from 8 p.m. to midnight at the Falcon Community Center.

Howlin' Bowl Bowling is \$8 per person or \$35 per lane 7 p.m. to 1 a.m. at the Yellow Sea Bowling Center.

SonLight Inn meal The Family Support Center hosts a free meal at 6 p.m. at the SonLight Inn. The meal includes baked and fried chicken, baked macaroni and cheese, green beans with smoked ham hocks, tossed greens, rolls and cakes.

Saturday

Chiefs vs. Eagles b-ball Event takes place at 2 p.m. at the Falcon Community Center. Prize giveaway during halftime.

E-Mart trip The Falcon Community Center hosts a shopping tour to the E-Mart

in Kunsan City. Busses depart the base at 10 a.m., noon, 2 p.m. and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 and 10 a.m. The bus returns to base at 4 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

R & B night Enjoy R&B music beginning at 9 p.m. in the Lounge.

Bungee Bull & country night The Loring Club bungee bull challenges all comers during country night in the ballroom.

Sunday

B-I-N-G-O The Loring Club hosts bingo at 2 p.m. The early bird bingo game begins at 1:45 p.m.

Rent-a-Lane Rent a lane at the Yellow Sea Bowling Alley from 11 a.m. to 11 p.m. Cost is \$6 per hour. For more information, call 782-4608.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 a.m. and noon. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

E-Mart trip The Falcon Community Center hosts a shopping tour to the E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 p.m. and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Promotions ceremony Join all airmen promoted in November and all NCOs promoted in December for food and ceremonies at 4 p.m. at the club. Promotees should be in place no later than 2 p.m.

After-hours immunizations The clinic begins offering after-hours immunizations from 11 p.m. to 1 a.m. Monday through Friday. For more information, call Capt. Kent Roman at 782-4323.

Commissary ground breaking The 8th Civil Engineer Squadron construction flight breaks ground on the new commissary next to the BX at 3 p.m.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 a.m. The bus returns to base at 5 p.m. Tickets are \$10 one way and \$20 round trip.

Survival Korean class This one-day class teaches students how to read and write the Korean alphabet, and basic travel expressions for shopping, dining, and using transportation. Registration required, call 782-5644.



Photo by Staff Sgt. Chuck Walker

THE KING LIVES: Master Sgt. Delwayne Abbott, 8th Civil Engineer Squadron, dressed-up do sing song Elvis songs during Karaoke at the Falcon Community Center. Karaoke nights are Wednesday and Friday from 8 p.m. to mid-night.

Tuesday

Squadron holiday card contest

Today is the deadline to display squadron holiday cards. Cards will be judged Thursday at 4:30 p.m. Monetary prizes awarded. For more information, call Tech. Sgt. Russell Jameson at 782-4619.

8-ball tournament The Falcon Community Center hosts a straight pool tournament at 7 p.m. Call 782-4312 for more information.

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Football Frenzy Watch football at the Loring Club and win prizes, including a trip to the Super Bowl or Pro Bowl.

Wednesday

Free food The Loring Club offers free Rough Rider roast beef sandwiches from 6 to 9 p.m. in the ballroom.

Karaoke Display your talent or cheer on others from 8 p.m. to midnight at the Falcon Community Center.

Thursday

Holiday tree lighting ceremony A ceremony kicking-off the holiday season begins at 4:30 p.m. at site near building 755. Music provided by the chapel choir.

Holiday shopping at It'aewon Today is the deadline to sign-up for the holiday shopping trip. Bus leaves 7 a.m. Dec. 7. Tickets are \$20/\$16* For more information, call 782-5213. **Special Consideration for Airmen's Morale (S.C.A.M.) program.*

Jewelry, shopping trip Today is the deadline to sign-up for the Iksan Jewelry and Precious Metals Center and Jeonju shopping mall trip. Bus leaves 9 a.m. Dec. 8. Tickets are \$20/\$16* For more information, call 782-5213. **Special Consideration for Airmen's Morale (S.C.A.M.) program.*

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Ladies night Ladies bowl for free all night at the Yellow Sea Bowling Center. Call 782-4608 for more information.

Submit your events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

Education

Troop-to-Teachers Troops-to-Teachers provides referral assistance and placement services to military personnel interested in beginning a second career in public education as a teacher. The DANTES Troops-to-Teachers office helps applicants identify teacher certification requirements, programs leading to certification and employment opportunities. The office's new Web site is www.jobs2teach.doded.mil.

Commissioning counseling The education office offers commissioning counseling for airmen considering pursuing a commission. For an appointment, call 782-5148.

Meetings & Briefings

AFSA The Air Force Sergeants Association Chapter 1554 meets 4 p.m. Dec. 10 at the Loring Club. Membership is open to all enlisted personnel, airman basic through chief master sergeant.

Focus 5/6 The Focus 5/6 welcomes Air Force and Army E-5s and E-6s, and people selected for promotion to those grades, to attend its next meeting, 3 p.m. Dec. 11 at the Loring Club.

AAC The Airman Advisory Council meets 3 p.m. Tuesday at the Loring Club. For more information, call Senior Airman Thanh Le at 782-5604.

Top 3 The membership of the Top Three Association is open to all active duty and retired military personnel serving in, selected for, or retired from the top three senior enlisted pay grades regardless of branch of service. The next meeting of the Kunsan Top 3 is 4 p.m. Dec. 11 in the Loring Club ballroom.

Volunteer Opportunities

Korean orphanage The military equal opportunity office seeks volunteers to help at the local Kae Chong Orphanage on a weekly basis. On Thursdays, Wolf Pack personnel spend some time with about 40 children. There is an English session and snack time. If interested in volunteering about two hours, contact Staff Sgt. Lynetta Williams or Staff Sgt. Jesse Hernandez at 782-4053.

Mail call The base post office seeks volunteers to help pitch mail each morning during the holiday season. If interested, call 782-4662.

Commissary bagging Base members can volunteer to sack groceries from 11:30 a.m. to 6:30 p.m. on weekends. Interested parties can sign-up at the commissary.

Chapel

Protestant services General Protestant worship service is 11 a.m. Sundays and the contemporary praise and worship service/bible study is 7 p.m. Wednesdays. Both services are conducted in the base chapel. For information about any chapel services, call 782-4300.

Gospel Gospel services are 12:30 p.m. Sundays and the Inspirational Praise and Worship Service is 7:30 p.m. Fridays at the base chapel.

LDS Services are 3 p.m. Sundays at the base chapel.

Church of Christ Services are 9:30 a.m. Sundays and Bible study is 7 p.m. Wednesdays at the Sonlight Inn, room 1.

Catholic services Mass is 5:30 p.m. Saturdays, 9 a.m. Sundays and 11:30 a.m. Monday through Thursday at the base chapel. Catholic Reconciliation is by appointment Monday thru Thursday and 4:30 to 5 p.m. Saturdays. R.C.A.I. is 7 p.m. Wednesdays in the chapel conference room. An "Overview of the Scriptures" is 7 p.m. Thursdays in the chapel conference room.

Sonlight Inn hours The Sonlight Inn is open 6 p.m. to 10 p.m. Mondays thru Thursdays, 6 p.m. to midnight Fridays, 8 a.m. to midnight Saturdays and 8 a.m. to 10 p.m. Sundays. For more information, call 782-5466.

Prayer & Bible studies The base chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups include:

□ Major Dividends for the Minor Prophets, 9:30 p.m. Sundays at the SLI, room 2.

□ Basic Christian Training, 9:30 a.m. Sundays at the SLI, room 3.

□ Korean-American Bible Study, 7:30 p.m. Mondays at the SLI, room 1.

□ Women's Christian Bible Study and Fellowship, 7 p.m. Tuesdays at the SLI, room 2.

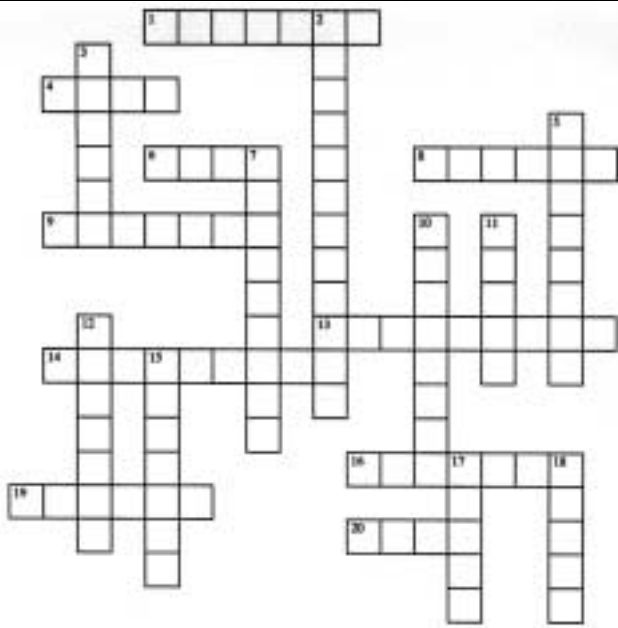
□ Mid-Week Spiritual Boost, noon Wednesdays at the chapel.

□ Intercessory Prayer, 8 a.m. Saturdays and 8:30 p.m. Sundays at the SLI, room 2.

FSC

Sponsorship Training The Family Support Center gives sponsors the tools they need to help the transition to Kunsan easy. The program takes place at 10 a.m. every third Wednesday of the month at the Sonlight Inn.

Family reunion The Family Support Center hosts a family reunion briefing 3:30 p.m. Tuesdays at the base theater. The briefing addresses the challenges of returning home after a separation.



WPW Crossword: Air Force People

ACROSS

- 1 First African-American combat pilot
- 4 America's Ace of Aces in World War II
- 6 This triple ace commanded the 8th Tactical Fighter Wing during WWII
- 8 The senior Air Force officer held prisoner at the "Hanoi Hilton"
- 9 This Air Force combat veteran died in the Apollo 1 fire
- 13 Piloted the X-2 to an altitude of 126,500 feet mainland
- 16 The first woman to command a space shuttle
- 19 The first Air Force chief of staff
- 20 The first woman to reach the rank of major general

DOWN

- 2 America's "Ace of Aces" in World War I
- 3 The architect of the air campaign against Iraq in Operation Desert Storm
- 5 The Air Force's first female chief master sergeant
- 7 The first Secretary of the Air Force
- 10 He wrote "Our Air Force, the Keystone of National Defense," in 1921
- 11 The first Chief Master Sergeant of the Air Force
- 12 The first woman to break the sound barrier
- 15 Earned the Medal of Honor for actions aboard "Spooky 71"
- 17 The "father" of Strategic Air Command
- 18 First graduate of the U.S. Air Force Academy to receive the Medal of Honor posthumously

Smooth Move A briefing to answer questions about permanent-change-of-station moves is 1 to 2:30 p.m. Wednesdays at Sonlight Inn. Legal, finance, housing, and medical experts provide information. Registration required, call 782-5644.

Miscellaneous

Enlisted Career Seminar Senior leaders discuss the secrets of career success during a three-day seminar 6 p.m. to 9 p.m. Dec. 9 through 12. Register now by calling Senior Master Sgt. Curt Wilbanks at 782-4041.

Poetry/art contest The Kunsan Health and Wellness Center and the Base Exchange, are sponsoring a contest to encourage people to quit smoking. Dependent children, up to and including 16 years old, of active duty members stationed at Kunsan are eligible to submit art and poetry in two categories; ages 12 and under, and ages 13 to 16. The submission must contain a "Don't Smoke" theme. Entries must be received by Dec. 31. Mail entries to: Health and Wellness Center, Don't Smoke Art and Poetry Contest, 8MDG/SGOAZ, APO AP 96264-2022

Artist-Craftsman contest The Skills Development Center is looking for people with arts and crafts skills such as painting, industrial art, or textile art to enter their work in the PACAF contest. Deadline is

Friday. For more information, call 782-5806.

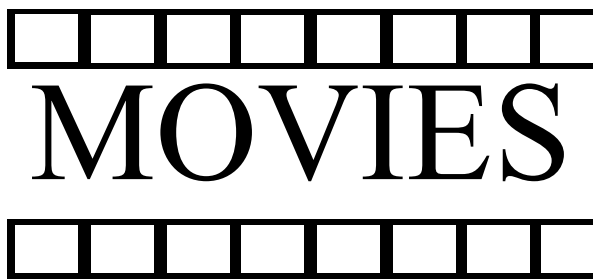
Holiday donations The Kunsan Airman Action Council is collecting goods for care packages to send to deployed airmen during the holidays. Donations will be collected now thru Wednesday at the O'Malley Inn Dining Facility, the base library, commissary and base exchange. Items should be appropriate and must meet postal standards. For more information, call Airman 1st Class Tiffany Jones at 782-4943.

Holiday mail deadline The post office recommends Wolf Pack members send first class letters and priority packages to the U.S. no later than Dec. 11 to make sure the items arrive for the holidays.

Fralick retirement A ceremony honoring the retirement of Master Sgt. Bob Fralick, 8th Security Forces Squadron, is 3 p.m. Dec. 12 at the Loring Club. A reception is scheduled for 5 p.m. Dec. 13 at the Defender's Den. For more information, call Senior Master Sgt. Kevin Peters at 782-5916

New gas station hours Diesel fuel is available at the service station weekdays from 9 to 11 a.m., 2 to 4 p.m. and 9 to 10 p.m. On weekends, diesel is available at building 2602 from 9 to 11 a.m. and 2 to 4 p.m.

Submit your events for Bulletins by sending an e-mail to wolfpackwarrior@kunsan.af.mil.



Saturday & Sunday Matinee

"Spy Kids 2" (PG).

Starring Antonio Banderas and Carla Gugino. 3 p.m.

Saturday

"Abandon" (PG-13).

Starring Katie Holmes and Charlie Hunnam. 7 and 9:30 p.m.

Sunday

"Austin Powers 3" (PG-13). Starring Mike Myers and Michael Caine. 7 and 9:30 p.m.

Monday

"Austin Powers 3" (PG-13). 8 p.m.

Tuesday

"Trapped" (R). Starring Charlize Theron and Stuart Townsend. 8 p.m.

Wednesday

"Trapped" (R). 8 p.m.

Thursday

"Ghost Ship" (R). Starring Gabriel Byrne and Dimitriades. 8 p.m.



Tonight

"Abandon" (PG-13)
Starring Katie Holmes and Charlie Hunnam. 7 and 9:30 p.m.



QUIET RIOT COME ON FEEL THE NOISE

7 p.m. Dec. 14 @ the Hangar 3
Free Admission



*Integrity First
Service Before Self
Excellence In All We Do*

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpackwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

For Sale

TV/VCR 19" samsung TV-VCR combo. It's 4 months old. \$185 o.b.o. Call John Juanico at 782-8849 (home).

Guitar Equipment Peavey Transtube 112 EFX Amp, 65 watts, one 12" speaker, digital effects, \$350 or best offer. Marshall Jackhammer distortion pedal, \$60 or will trade for a chorus pedal. Zoom GM-200 guitar amp simulator, simulates 11 different amps, effects

included, \$80 or will trade for a delay pedal. Electric Guitar, Club Juno Les Paul Copy, transparent purple. Dimarzio PAF Classic Pickups, hard-shell case included, \$250. Call Scott Estes at 782-6480 or 011-676-6480 (Home).

Guitar Gianini classical guitar w/case. \$85. Call Larry Kurzer, 782-5644.

Computer Computer with keyboard, mouse, and software for sale. AMD Processor, 127MB RAM, 56X disc drive, Windows ME.

Fully upgradeable. \$600 Call Tech. Sgt. Jenny Nicholson at 782-8438 (Home).

Computer Emachine Desktop PC T1120, (like new w/2 yr. warranty) 1.2 GHz, 256 MB RAM, 40 GB HD, CD-RW, modem, Microsoft Works 17" color monitor, Lexmark 223 color ink jet printer, 1200 x 1200 dpi, 8 ppm, HP Scanjet 4300C, OCR, Corel Paint House 2000, 9600 dpi enhanced resolution, plus desk. \$850. Call Larry Kurzer, 782-5644.

Computer Gateway Computer 158K Connection, 12MB Hard-drive space, plenty of memory and fully upgradeable asking price \$650 OBO Willing to negotiate. David Hartmayer 782-7616 (work) or 782-6275 (home).

Wanted

Instructor The Falcon Community Center seeks a qualified instructor to teach keyboard. Contact Mr. Yi at 782-4619.

Moped Looking for one 50cc moped, preferably in good condi-

tion. Contact Airman 1st Class Geoffrey Latner at x-9763.

Warhammer 40K Seeking people interested in playing Warhammer 40K. Contact Tech. Sgt. Patrick Longe, 782-5132.

Moped Looking for a 50cc moped in good condition. Call Tech Sgt. Raymond Agosto 782-1999 (work) or 782-8896 (home).

Outprocessing?

**Remember all
outprocessing
must be done
in uniform**

**Wolf Pack
Radio
88.5**

5 to 10 a.m.

Weekdays

—

Request

Line

782-4373

CES conquers Army in preseason

Basketball teams size each other up prior to intramural regular season games

By Staff Sgt. Chuck Walker
8th Communications Squadron

The preseason gives intramural basketball teams on base an opportunity to see what kind of team they have before the season begins in earnest next week.

In the opening games Monday, the 8th Civil Engineer Squadron found out it could be a base contender, while the Army found out it had a lot of work to do heading into the season.

Jon Eaton scored a game-high 12 points to lead the Red Devils to a 50-17 manhandling of the Army.

CE coach Jim Tadlock said the Red Devils looked good and was impressed with his team's defense.

"We hustled a lot and played a lot of people, trying to see what everybody can do," Tadlock said. "We played really good defense, the Army couldn't handle our pressure."

The Red Devils dominated the game from the beginning, forcing many Army turnovers. James Dukes, one of the team's top scorers added nine points for the CES squad.

Eaton, who is also a member of the Kunsan varsity team, said the Red Devils have a solid nucleus of players that should help them contend for the base title this season.

"I thought we played very well," Eaton said. "We tried to get in as many people as we could so everyone could get a decent amount of playing time. We'll get better as the season goes along. We have a great core unit that plays very well together."

For the Army it was a rough night.

Coach Kevin Earl said his team didn't find out about the game until earlier in the day and they had no practices before the contest. He said the team will have to start from scratch.

"We need to work on everything," Earl said. "We really need to work on the basic points, like dribbling and boxing out. We need to come together as a unit, it's team ball that wins. You have five players in basketball. Nothing is achieved individually. We just need to be motivated and go out and have some fun."

The Red Devils hope to contend for the base championship. Having four varsity players on the team doesn't hurt either.



Photos by Staff Sgt. Chuck Walker

PRESEASON : Jason Joseph, 8th Civil Engineer Squadron, defends against Army's XXXXXX, during a preseason game Monday.

Besides Eaton and Dukes, the Red Devils also have Jason Joseph and James Nash.

Tadlock said the players with varsity experience help the team tremendously.

"We have guys on the floor who know what to do and have played in pressure situations," Tadlock said. "They're also able to help out the rest of the players who maybe haven't played for a while or who may be new to the game."

The four varsity players obviously give the Red Devils a solid starting five. What concerns Tadlock is his bench, which he doesn't know much about.

With that in mind, Tadlock said CE has two goals for the preseason tournament.

"For us we want to win games, but we have so many people on our team right now," Tadlock said. "So we have to try and find out who are best people are, see what we're going to have and see who's going to give us the best chance at winning the championship."



FROM DOWNTOWN : Jon Eaton, CES, shoots a jump shot against the Army.

SPORTS SHORTS

Racquetball tournament

A double elimination racquetball tournament is 10 a.m. Dec. 14 at the fitness center. To sign up, call 782-4026.

5K Jingle Bell fun run

The fitness center hosts a 5K fun run/walk beginning 9 a.m. Dec. 21. For more information, call 782-4026.



Air Force photo

Falcons fall 38-34 in final game

The Air Force Academy Falcons came three yards and two kicks short of winning their final regular season game Saturday against San Diego State University. Wind gusts of 11 to 18 mph played havoc with the kicking game, sending punts astray and contributing to a missed extra point and field goal. The missed points came back to haunt the Falcons when the Aztecs scored with 58 seconds left in the fourth quarter, to go up 38-34.

Kunsan dart league

Anyone interested in playing or entering a team in the Kunsan fall dart league should contact Staff Sgt. Jon Leidner at 782-5600.

Women's varsity volleyball

Women, Air Force or Army, interested in competitive play for the base volleyball team, should contact Staff Sgt. Elaine Brinkman via email.

Mouthguards available

Kunsan requires anyone participating in contact sports to use a mouthguard. To talk to a dental technician about getting a custom mouthguard, call 782-4943.

Kunsan marathon training

Members of the Wolf Pack training for a marathon or trying to improve their marathon time should contact Steve Vreeke at 782-8394. Vreeke is forming a training group at Kunsan for marathon runners, from novice to road-seasoned veterans.

Aerobics Classes

Monday

5:30 a.m. - Aerobics
5:45 p.m. - 15-minute Abs
6 p.m. - Step Challenge

Tuesday

5:30 a.m. - Aerobics
6 p.m. - Step Challenge

Wednesday

5:30 a.m. - Aerobics
5:45 p.m. - 15-Minute Abs
6 p.m. - Kickbox

Thursday

5:30 a.m. - Aerobics
6 p.m. - Step Hi/Low

Friday

5:30 p.m. - Aerobics
6 a.m. - Bootcamp

Saturday

10 a.m. - Step Mountain
11 a.m. - 15-minute Abs

Martial Arts Classes

Budo Taijutsu/Ninjutsu

Noon Sat. and Sun. - FREE

Taekwon-Do

8 - 9 p.m. Mon. - Thu.

Kuk Sool Hapkido

7 a.m. and 7 p.m. Mon. - Fri.

Tang Soo Do

6 a.m. and 7 p.m. Mon. - Fri.

SCORES & MORE

BOWLING

American League		
	W	L
Fabrication	54	18
Red Devils	52	20
Med Dawgs	50	22
SUPS A	48	24
Munitions 2	42	30
SVS	40	32
COMM A	36	36
35 AMF	34	38
COMM B	34	38
80 AMF	34	38
Gatekeepers	34	38
8 MOS	30	42
OSS A	30	42
TRANS	24	48
SFS	24	48
Propulsion	8	64

National League

	W	L
Kwang Ju	54	18
Jack Stogies	54	18
PMEL	50	22
Avionics	43	29
Bad Ammo	43	29
Munsons	40	32
SUPS B	40	32
Fuel Shop	34	38
80 AMF B	34	38
QA Buzzards	32	40
CPTF	30	42
OSS	30	42
MDG B	26	46
Post Office	10	30
Wing Dings	10	30
MDG C	8	32

COMMANDER'S TROPHY POINTS

MXS	70
SUPS	66
35 FS	65
80 AMU	62
MDG	62
COMM	54
OSS	49
CES	48
SFS	44
SVS	44
CPTF	40
TRANS	38
MSS	20
LSS	11

TURKEY TROT 5K RUN/WALK

Men

Pat Kennedy	18:58
Robin Fontenot	19:35

Women

Lisa Moreno	25:32
Doreen McLaughlin	28:34

Fitness Center Hours

Mon. to Thur.

4:30 a.m. to midnight

Fridays

4:30 to 11 p.m.

Sat., Sun., and holidays

8 a.m. to 9 p.m.

National Diabetes Awareness Month

Learn effects, preventative measures of disease

Master Sgt. William L. Davis
8th Medical Operations Squadron

Roughly one million people age 20 and older become diabetic every year, and the number of people with diabetes in the United States rose by nearly 50 percent during the past decade.

Type 2 diabetes, the most common form of the disease, is attributed to excess weight, lack of exercise and poor eating habits.

Military members aren't immune to this disease and each year during November, health officials offer preventative information to help lower the risk of diabetes.

"The good news is that if you have pre-diabetes, you can reduce the risk of developing diabetes and even return to normal blood glucose levels," said Department of Health and Human Services Secretary Tommy G. Thompson.

"Research has clearly shown that modest weight loss and moderate physical activity can delay or prevent type 2 diabetes."

Servicemembers can positively influence their blood glucose and overall health by choosing foods wisely, exercising regularly, reducing stress levels, and making modest lifestyle changes.

The first stage of type 2 diabetes, known as pre-diabetes, is a condition that

occurs when a person's blood glucose levels are higher than normal but not high enough for a diagnosis of type 2 diabetes. If blood glucose and blood pressure isn't controlled, this can lead to other health complications such as heart disease, strokes, blindness, kidney failure, nerve problems, gum infections and amputations.

Diabetes affects the way the body uses energy in food. People who have diabetes have trouble controlling their blood sugar, or blood glucose levels.

With diabetes, the body doesn't produce enough insulin or can't use it properly. As a result, the body cannot use energy nutrients, carbohydrates, protein and fat in their usual way. Rather than being used for energy, blood sugar passes out of the body through urine.

Some common symptoms of diabetes include fatigue, increased thirst, increased urination, infections, cuts that don't heal, blurred vision, hunger and weight loss.

Unfortunately, many people who have diabetes are not even aware they have the disease, which can be detected by a simple blood test.

For people who have a family history of the disease or have not been tested before, it is important they include this test in their next physical examination.

Even those who don't have symptoms or a family history are wise to begin

Three Types of Diabetes

♣ **Type 1** — This is actually the less-common form of the disease. It happens when the pancreas cannot make insulin, or at least not enough. Often this form of diabetes begins in childhood or young adult years, but people of any age can get it. Insulin shots are required daily.

♣ **Type 2** — The most common form of diabetes results from insulin resistance (a condition in which the body fails to make enough or properly use insulin), combined with relative insulin deficiency. Typically, families and people of African-American, Hispanic, and Native American descent have a higher risk. The disease develops slowly and usually becomes evident after age 40. Being overweight is a common risk factor for this type of diabetes, but can often be controlled through diet, weight control, and exercise.

♣ **Gestational diabetes** — May occur during pregnancy, as a result of changes in hormone levels. Although it usually disappears when the baby is born, gestational diabetes still needs careful control during pregnancy. Women with gestational diabetes often develop non-insulin dependent diabetes later in life, and usually in later pregnancies.

including a diabetes test in regular physical examinations around the age of 40, when adult-onset diabetes often develops.

For help developing an eating plan that is right for you, contact the Health and Wellness Center at 782-4305.

Weight Loss and Drug Safety

Many supplement manufactures claim their product are the "easy" way to weight loss. Weight-loss pills and beverages that contain ephedra or ma huang potentially produce side effects such as increased blood pressure, heart rate and body temperature. More serious side effects include stroke and heart attack.

People trying to lose weight should resist the temptation of a "quick fix," and instead make lasting changes to their diet. People should make better food choices, control their portions and increase their daily physical activity. For more information or guidance on a weight loss program, contact the Health and Wellness Center at 782-4305.



Pigskin Picks

The football gods smiled on **Paul Hughes** this week. Despite several "upset" games, Hughes nailed a 12-4 finish.

Finishing second, again, was **Gene Parris** with a 10-6 record. Close behind was **Justin Hollingsworth** with a 9-7 finish.

The rest of the field wasn't so lucky. Suffice it to say that they're probably happy that we're not printing their names this week. The worst records were 3-13 and 2-14. They know who they are...

-The Rules-

Pick who you think will win each

—	Arizona at Kansas City	—
—	Atlanta at Minnesota	—
—	Baltimore at Cincinnati	—
—	Carolina at Cleveland	—
—	Chicago at Green Bay	—
—	Miami at Buffalo	—
—	Pittsburgh at Jacksonville	—
—	Tennessee at N.Y. Giants	—
—	Denver at San Diego	—
—	Houston at Indianapolis	—
—	Seattle at San Francisco	—
—	St. Louis at Philadelphia	—
—	Tampa Bay at New Orleans	—

Monday Night Football

N.Y. Jets at Oakland

Name: _____ Total Points _____

Duty Phone: _____



Name: Paul Hughes
Team: Armed Forces Network
Record: 12-4

Pigskin Picks MVP
Week 12



Tobacco Fact:

Before 1930 lung cancer was a rare disease not listed on the International Classification of Disease system in the United States. As a young cancer surgeon, Dr. Alton Ochsner saw six lung cancer patients in a single year and concluded that an epidemic of lung cancer must be under way. All these patients were male, and all had a history of heavy cigarette smoking. For information about smoking cessation classes, call the Health and Wellness Center at 782-4305.

Warriors... Come out and play

‘Warrior Day’ continues contingency training

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

Members of the Wolf Pack enhanced their war-fighting skills Monday during the monthly Wolf Warrior Day training exercise.

The day-long training days are a way for troops to maintain proficiency between quarterly wing-wide exercises, as well as get new Wolf Pack members in the right mindset for an assignment at Kunsan, said Capt. Michael Zuhlsdorf, 8th Civil Engineer Squadron readiness flight.

“This training helps new individuals, giving those who’ve been here the opportunity to train newly-arrived troops,” said Zuhlsdorf.

Participating units trained in ability to survive and operate procedures such as facility hardening and sweeps, standardizing information control center operations, SCUD missile and aircraft threats and developing unit accountability methods.

Training also encompassed chemical warfare aspects such as contamination avoidance, familiarization of MOPP transition points, contaminated waste disposal plans and proper administration of Atropine/2-PAM chloride auto injectors.

“This day allows units to continue practicing their wartime contingency skills, as well as integrating the new counter chemical warfare concept of operations into regular unit training,” he said.

“This ingrains proper lifesaving tactics and procedures into the behavior all troops assigned to Kunsan.”



1st Lt. Aaron Neiss discusses information with Maj. Rick Nelson, both 8th Supply Squadron, in their control center. This was the first time supply, transportation and logistics planners combined control centers.



Members of the 8th Supply Squadron simulate placing M-8 paper on bumpers of vehicles after being recalled Monday morning.



8th Medical Group personnel simulate loading a victim on an Army helicopter for an air evacuation.



8th SUPS personnel arrange sandbags as part of facility blackout and hardening procedures.



Photos by Staff Sgt. Suellyn Nuckolls

8th Medical Group personnel practice unloading a simulated victim during Monday’s Wolf Warrior Day exercise. An Army medical evacuation helicopter was used so troops could experience exactly what loading and unloading patients would be like during a contingency.